



OLIVE MASSAGE BAR

Ingredients:

6 ounces Olive Butter
2 ounces Shea Olein
2.5 ml (1/5 tsp) Lavender Sage
Fragrance Oil

Directions:

Phase 1 – In a double boiler over low heat, heat olive butter and shea olein until liquefied and remove from heat.

Phase 2 – Transfer liquid oils to a glass mixing bowl and add fragrance.

Phase 3 – Using a hand mixer with a whisk attachment (equipment you have reserved strictly for formulating and not food use!) begin to whisk liquid until lightly whipped. This may take some time to achieve and you may find it helpful to pop the container into the fridge or freezer to speed up the process.

Phase 4 – When thoroughly combined, package in an airtight container.

To Use:

Dispense a small portion of butter into the palm of your hands and rub together vigorously to warm the butter before massage application.

Other Uses:

Hand and Nail Treatment, Foot Balm, Solid Bath Oil